

**DEPARTMENT OF PHYSICAL EDUCATION**  
**St.Xavier's College, Thumba**

**Participation of students from History Department for the year 2018-19**

Sl.No.	Name	Class	Game	Event/Category	Performance	Remarks	Level of participation	In which tournament /championship
1	Robin Varghese	II BA	Athletics	Athletics	Member		Inter University	1. Kerala University Athletics Team
				Steeple Chase	Participated		State	2. Kerala State Athletics Championship
				1500mtrs	4 <sup>th</sup>		University	3. Kerala University Inter Collegiate Athletics Championship
				3000mtrs Steeple Chase	2 <sup>nd</sup>			4. Kerala University Inter Collegiate Athletics Championship
				Cross Country race	6 <sup>th</sup>			5. Kerala University Inter Collegiate Athletics Championship
				5000mtrs	2 <sup>nd</sup>		District	6. Thiruvananthapuram District Athletics Championship
				Steeple Chase	1 <sup>st</sup>			7. Thiruvananthapuram District Athletics Championship
2	Abhinandh Sundareasan	II BA	Athletics	Athletics	Member		Inter National	1. Indian Athletic team for the SAF Games at Sri Lanka
				800mtrs	3 <sup>rd</sup>		<b>Inter National</b>	2. <b>SAF Games, at Sri Lanka</b>
				1500mtrs	Participating		National	3. Khelo India-2018-19 at Maharashtra
				1500mtrs	2 <sup>nd</sup>	<b>New record</b>	<b>National</b>	4. <b>Jr.National Meet</b>
				Athletics	Member		Inter University	5. Kerala University Athletics Team
				1500mtrs	1 <sup>st</sup>	<b>New</b>	<b>Inter</b>	6. <b>All India Inter University</b>

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				5000mtrs	2 <sup>nd</sup>		Inter University	7. All India Inter University Athletics Championship
	Abhinandh Sundareasan	II BA	Athletics	Athletics	Member		State	8. Kerala State Athletics team
				1500mtrs	1 <sup>st</sup>	<b>New record</b>	<b>State</b>	<b>9. Jr. State Athletics Championship</b>
				Marathone Race (12km)	1 <sup>st</sup>		State	10. Kerala State Thiruvananthapuram Marathon Race
				1500mtrs	1 <sup>st</sup>	<b>New record</b>	University	11. Kerala University Inter Collegiate Athletics Championship
				5000mtrs	1 <sup>st</sup>			12. Kerala University Inter Collegiate Athletics Championship
				Cross Country race	1 <sup>st</sup>			13. Kerala University Inter Collegiate Athletics Championship
				1500mtrs	1 <sup>st</sup>	<b>New record</b>	<b>District</b>	<b>14. Thiruvananthapuram District Athletics Championship</b>
				5000mtrs	1 <sup>st</sup>		District	15. Thiruvananthapuram District Athletics Championship
3	Anaswara.PM	II BA	Boxing	81+kg	1 <sup>st</sup>		State	1. Sr.State Boxing Championship
				Boxing	Member		State	2. Kerala State Boxing Team
				81+kg	1 <sup>st</sup>		University	3. Kerala University Inter Collegiate Boxing Championship
				Boxing	Member			4. Kerala University Boxing Team
			Weight Lifting	81kg	2 <sup>nd</sup>			5. Kerala University Inter Collegiate Weight Lifting Championship
4	Saritha.B	I BA	Boxing	51kg	2 <sup>nd</sup>		University	Kerala University Inter Collegiate Boxing Championship

5	Anu Sree.P	I BA	Boxing	57kg	<b>2<sup>nd</sup></b>		State	1. Sr.State Boxing Championship
				Boxing	Member			2. Kerala State Boxing Team
				57kg	<b>1<sup>st</sup></b>		University	3. Kerala University Inter Collegiate Boxing Championship
				Boxing	Member			4. Kerala University Boxing Team
SI.No.	Name	Class	Game	Event/Category	Performance	Remarks	Level of participation	In which tournament /championship
6	Amal .B. Uday	I BA	Boxing	52kg	<b>1<sup>st</sup></b>	<b>Best Boxer Award</b>	University	Kerala University Inter Collegiate Boxing Championship
7	Amrutha Ashokan	III BA	Volleyball	Volleyball	Participated		Inter University	1. ALL India Inter University
				Volleyball	<b>Winner</b>			University
			Volleyball	Member	3. Kerala University Volleyball Team			
			Basketball	Participated	4. Kerala University Inter Collegiate Basketball Championship			
			Handball	<b>Winner</b>	5. Kerala University Inter Collegiate Handball Championship			
			Kabaddi	Participated	6. Kerala University Inter Collegiate Kabaddi Championship			
8	Aleena Antony	I BA	Volleyball	Volleyball	<b>Winner</b>		University	1. Kerala University Inter Collegiate Volleyball Championship
				Volleyball	Member			2. Kerala University Volleyball Team
			Basketball	Participated	3. Kerala University Inter Collegiate Basketball Championship			
			Handball	<b>Winner</b>	4. Kerala University Inter Collegiate Handball Championship			
			Kabaddi	Participated	5. Kerala University Inter Collegiate Kabaddi Championship			

			Athletics	800mtrs	<b>1st</b>		District	6. Thiruvananthapuram District Athletics Championship
9	Deena Joseph	II BA	Volleyball	Volleyball	<b>Winner</b>		University	1. Kerala University Inter Collegiate Volleyball Championship
			Kabaddi	Kabaddi	Participated			2. Kerala University Inter Collegiate Kabaddi Championship
<b>Sl.No.</b>	<b>Name</b>	<b>Class</b>	<b>Game</b>	<b>Event/Category</b>	<b>Performance</b>	<b>Remarks</b>	<b>Level of participation</b>	<b>In which tournament /championship</b>
10	Ganga.BA	III BA	Volleyball	Volleyball	<b>Winner</b>		University	1. Kerala University Inter Collegiate Volleyball Championship
			Kabaddi	Kabaddi	Participated			2. Kerala University Inter Collegiate Kabaddi Championship
11	Abhirami Viswanathan	I BA	Handball	Handball	Participated		Inter University	1. All India Inter University
			Volleyball	Volleyball	<b>Winner</b>		University	2. Kerala University Inter Collegiate Volleyball Championship
			Handball	Handball	<b>Winner</b>			3. Kerala University Inter Collegiate Handball Championship
			Basketball	Basketball	Participated			4. Kerala University Inter Collegiate Basketball Championship
			Handball	Handball	Member			5. Kerala University Inter Collegiate Handball Championship
			Kabaddi	Kabaddi	Participated			6. Kerala University Inter Collegiate Kabaddi championship
12	Jibin.J	III BA	Cricket	Cricket	Participated		University	1. Kerala University Inter Collegiate Cricket Tournament
			Softball	Softball	Participated			2. Kerala University Inter Collegiate Softball Championship
13	Vishnu Sasikumar SP	I BA	Cricket	Cricket	Participated		University	1. Kerala University Inter Collegiate Cricket Tournament
			Softball	Softball	Participated			2. Kerala University Inter Collegiate Softball Championship

14	Bibin.BR	II BA	Cricket	Cricket	Participat ed		Universit y	1. Kerala University Inter Collegiate Cricket Tournament
			Softball	Softball	Participat ed			2. Kerala University Inter Collegiate Softball Championship
<b>SI.No.</b>	<b>Name</b>	<b>Clas s</b>	<b>Game</b>	<b>Event/ Category</b>	<b>Performa nce</b>	<b>Remarks</b>	<b>Level of participa tion</b>	<b>In which tournament /championship</b>
15	Pradeep Varghese	III BA	Football	Football	<b>Runners</b>		Inter Universit y	1. All India Inter University South Zone Football Championship, held at Pondicherry
				Football	Participati ng			2. All India Inter University Inter Zone Football Championship- at Mumbai
				Football	<b>Runners</b>		Universit y	3. Kerala University Inter Collegiate Inter Zone Football Championship
				Football	Member			4. Kerala University Football team
16	Ashly Shaji	III BA	Handbal l	Handball	<b>Winner</b>		Universit y	1. Kerala University Inter Collegiate Handball Championship
			Kabaddi	Kabaddi	Participat ed			2. Kerala University Inter Collegiate Kabaddi Championship
17	Joise Job	III BA	Kabaddi	Kabaddi	Participat ed		Universit y	Kerala University Inter Collegiate Kabaddi Championship
18	Jibin.J	III BA	Softball	Softball	Participat ed		Universit y	Kerala University Inter Collegiate Softball Championship
19	Anusony	III BA	Handbal l	Handball	<b>Winner</b>		Universit y	Kerala University Inter Collegiate Handball Championship



**Dr. George Thomas**  
**Associate Professor & Head**